

GLUTEN FREE YOURSELF

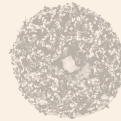


# BREADS

GLUTEN-FREE	A BUTTERY FRENCH BREAD
everything + plain bagels	\$11   4-pack
cinnamon raisin bagels	\$12   4-pack
cinnamon raisin loaf	\$13.00
plain + sesame + asiago baguette	\$5.50   \$7.50
dinner rolls	\$16.00   dozen
french loaf	\$11.00
rosemary loaf	\$13.00
pizza crust	\$6.50   12" par baked \$5.00   8" par baked
pullman	\$15.00
plain + poppy + sesame rolls	\$7.50   4-pack
allergy note: contains dairy (milk), eggs	

GLUTEN-FREE + VEGAN	SIMILAR TO SOUR DOUGH
everything + plain + sesame bagels	\$11   4-pack
plain + sesame baguette	\$5.50
dinner rolls	\$16.00   dozen
french loaf	\$11.00
pizza crust	\$6.50   12" par baked \$5.00   8" par baked
pullman	\$15.00
pretzel	\$4.00
plain + poppy + sesame rolls	\$7.50   4-pack

CLASSIC



GOLD



GLUTEN-FREE + VEGAN	PUMPERNICKEL-ISH
pullman	\$15.00
baguette	\$7.00
dinner rolls	\$16.00   dozen
rolls	\$7.50   4-pack

DABO



# PASTRIES

GLUTEN-FREE	SUGAR & SPICE & ...
<p><b>COOKIES</b></p> <ul style="list-style-type: none"> <li>chocolate chip</li> <li>coconut chocolate chip</li> <li>double chocolate espresso</li> <li>oatmeal raisin</li> <li>organic peanut butter</li> <li>rocky road</li> <li>snickerdoodle</li> <li>white chocolate pecan</li> </ul> <p><b>TOASTER PIES</b></p> <ul style="list-style-type: none"> <li>apple cinnamon</li> <li>blackberry</li> <li>brown sugar bae</li> <li>cherry bomb</li> <li>strawberry lane</li> </ul>	<p><b>MUFFINS</b></p> <ul style="list-style-type: none"> <li>blueberry</li> <li>butter rum</li> <li>chocolate chip</li> <li>lemon poppy</li> <li>morning glory</li> <li>pumpkin spice</li> </ul> <p><b>BROWNIES</b></p> <p><b>LEMON BARS</b></p> <p><b>ALL PASTRIES \$5.00</b></p> <p>allergy note: contains dairy (milk), eggs</p>

SWEETS



## KEEP IT FRESH | MAKE IT TASTY

Our products will stay fresh in the fridge for up to 10 days and will last up to 3 months in the freezer. Frozen bread can be thawed first, or toasted (twice) on medium to dark setting. Microwave for 10 seconds before toasting if you are in a hurry.

# GLUTEN FREE YOURSELF



## HERE FOR YOU

**TEXAS FARMERS' MARKET** 2006 Philomena St, Sundays: 10am-2pm

**AISD** Austin Independent School District

**AUSTIN JAVA** 5404 Menchaca Rd

**APIS Restaurant Pizzeria Sorellina** 23526 TX-71 (Spicewood)

**BULLY BAGEL at The Buzz Mill** 1505 Town Creek Dr

**FARMHOUSEDELIVERY.COM**

**FRONTYARD BREWERY** 4514 Bob Wire Rd (Spicewood)

**GROVE Wine + Bar** 6317 Bee Cave Rd + 800 W 6TH +  
3001 Ranch Rd 620 S (Lakeway) + 1310 E Whitestone Blvd (Cedar Park)

**HUMPTY'S Wall of Breakfast** 8820 Burnet Rd

**JULIET Italian Kitchen** 1500 Barton Springs Rd + 10000 Research Blvd

**PEOPLES' RX** 3801 South Lamar + 4201 Westbank Dr + 4018 N Lamar Blvd

**TINY GROCER** 1718 S Congress

**TONY C's** 2900 Anderson Ln + 3800 E Palm Valley Blvd (Round Rock) +  
10526 W Parmer Ln + 12800 Hill Country Blvd (Bee Cave)

**THE WELL** 440 W 2nd St

**GFYKITCHEN.COM**

**INFO@GFYKITCHEN.COM**

**GFYOURSELFK** Instagram + Facebook



**CURBSIDE PICK UP** Order online  
Select your delivery day & pick-up  
from our Austin bakehouse



**ACL HOME DELIVERY** Order online  
Select your delivery day & time